

**Children are Healthy Pillar Committee  
November 30, 2016 - Business Education Council**

Attendees: Gloria Boutcher, Marena Doucette, Véronique Emery, Blair Janzen, Courtney Kennedy, Jackie Kerry, Nancy Lisi, Keith MacCuish, Rosemary Martin, Sinead McElhone, Donna Mills, Linda Morrice, Stacy Wilcox, Karina Armstrong (recorder)

Regrets: Anne Biscaro, Michelle Knapman, Jennifer Moodie, Sandra Noel, Amy Romagnoli

ITEM	DISCUSSION	Action
<b>Review of Minutes</b>	<ul style="list-style-type: none"> <li>- May 18, 2016 meeting minutes were reviewed and accepted without change.</li> </ul>	
<b>Professional Development Task Group Update</b>	<ul style="list-style-type: none"> <li>- J. Moodie provided the <i>Inspiring the Love of Food within the Early Years – Fall Workshop Series</i> update via e-mail as she was unable to attend the meeting in person.</li> <li>- The Professional Development Task Group is excited to report the successful delivery of three dietitian-led grocery store tours and the “Things we plant, things we eat” workshop at the Rosalind Blauer Child Care Centre. All of the sessions have been well attended and feedback received so far has been incredibly positive. The last scheduled grocery store tour will be held this Saturday, December 3<sup>rd</sup>, (9:00am – 10:30am) at Zehrs Markets, Fairview Mall in St. Catharines.</li> <li>- The task group will be compiling session feedback and evaluations to share with the Children are Healthy table at our next meeting. We look forward to discussing our learnings and exploring possibilities for future professional development opportunities.</li> <li>- Please feel free to contact Jennifer if you have any questions in the interim at <a href="mailto:Jennifer.Moodie@niagararegion.ca">Jennifer.Moodie@niagararegion.ca</a>.</li> </ul>	
<b>Collective Impact Update</b>	<ul style="list-style-type: none"> <li>- L. Morrice and R. Martin gave a summary of the Executive Committee’s work toward applying for Collective Impact (CI) through Innoweave Youth CI.</li> <li>- At the last NCPC meeting, A. Romagnoli presented data that supported the Executive Committee’s decision to focus on children’s mental health well-being, showing specific neighbourhoods affected. The Executive Committee then attended a facilitated workshop that involved great discussion. If we improve mental health well-being, create more awareness, and provide preventative programming, we can really improve children’s life and achievement in Niagara. More specific Collective objectives and target beneficiaries were identified in order to apply for a Collective Impact coach.</li> <li>- An application was recently submitted to Innoweave and we are still waiting to hear a response in order to plan next steps. As we await for Innoweave’s response, most Pillars are pausing work until we know next steps.</li> </ul>	
<b>CATCH Phase III Discussion</b>	<ul style="list-style-type: none"> <li>- R. Martin gave update on behalf of S. Noel who was unable to attend to provide information in person.</li> <li>- CATCH is currently on hold as Phase III elements are finalized. There is hope that the Children are Healthy Pillar may provide some feedback in moving into the implementation of Phase III. It was discussed whether the Pillar sees CATCH as being part of the role of the table.</li> </ul>	

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	<ul style="list-style-type: none"> <li>- It would be important first to learn who is currently using CATCH. The table may conduct an evaluation to learn more about program usage, what things were easier to implement, what was more difficult, challenges, and why, etc. It was discussed that Children’s Health and Development (CHAD) programming and standards of practice may help shape Phase III. In addition to child care centres, the child and family centres must also be included, given the age range of CHAD’s target beneficiaries. We will not be able to provide Phase III programming for the January term but September will be a more feasible timeline.</li> <li>- The group discussed which partners may be needed to finalize details of the Phase III programming. The group determined that a smaller task group of the Pillar would be the best approaching, having this subgroup provide updates to the larger Pillar. The table also discussed inviting other partners to participate in meetings, including a student in the Brock Phys. Ed. Program and other experts.</li> <li>- The task group will be formed, and then create a survey at the first meeting. Members will include Donna Mills, Courtney Kennedy, Keith MacCuish, Sandra Noel, and Stacy Wilcox, and Sinead McElhone will help in research stages. Other Pillar members not in attendance will be offered to sign up. A resource consultant will be recruited as well to ensure service coverage for children with special needs and increase inclusivity.</li> <li>- The task group will set up a meeting and provide updates for the next Pillar meeting.</li> </ul>	<p>R. Martin will see how many CATCH kits she has available in her storage if timing is of the essence and to have them used by these centres.</p> <p>More data could be collected from this group.</p>
<p><b>Round Table Updates</b></p>	<ul style="list-style-type: none"> <li>- S. McElhone announced that Niagara Region Public Health will prepare a report for Regional Council, including an analysis of why people visit hospitals, grouped by age and sex. The data is interesting to see as there are differences in reasons for hospitalization, giving an over-arching picture about what is happening in Niagara. Once the data is released to Council, it will be public data. It was suggested that a mini-presentation to the Children are Healthy Pillar would help to guide work, and will be organized in future.</li> <li>- Véronique Emery, director of La Boit a Soleil, received a 2-year grant from the Ministry of Health for healthy eating in the French community. French centres participated in earlier phases of CATCH but had to adapt the English material to French, and so they developed their own programming with this grant.</li> </ul>	<p>V. Emery would share the French healthy eating programming when it is ready.</p>
<p><b>Upcoming Meeting Dates</b></p>	<p>Wednesday January 25, 2017 from 9:00am to 11:00am at Pathstone Mental Health</p> <p><b>*All future meeting times and locations are now to be determined by Pillar Co-Chairs.</b></p>	<p>Co-Chairs will initiate until NCPC secretariat position is confirmed.</p>