

**Children are Safe Pillar Committee**  
**October 11, 2016 – Pathstone Mental Health**

Attendees: Lori Bell, Robin Bleich, Rose Marie Gentilcore, Marie Jones, Katherine Martin, Nancy Lisi, Sandy Toth, Nadine Wallace, Karina Armstrong (recorder)

Regrets: Anna Bozza, Shirley Cordiner, Michelle Knapman, Brandie Lancione, Amy Romagnoli, Chris Steven

ITEM	DISCUSSION	ACTION
<b>Review of Minutes</b>	<ul style="list-style-type: none"> <li>- May 17, 2016 Meeting Minutes were approved without change.</li> </ul>	
<b>Mary Gordon Video Launch</b>	<ul style="list-style-type: none"> <li>- The videos are showing a small number of views online to date. We may need to rethink promotion.</li> <li>- ECCDC will be asked to send another email blast to partners about them.</li> </ul>	
<b>Domestic Violence Workshop</b>	<ul style="list-style-type: none"> <li>- The agenda for the workshop is being finalized. Part 1 includes themes on healing community. A few video clips will be shown talking about how anybody could be affected by domestic violence, dispelling myths around the victims and perpetrators, talking about trauma that can be experienced at a young age, and how it changes them as they grow up. We will cover how to recognize when a child is disregulated, techniques to promote resilience and self-regulation, specific characteristics of a child who may be experiencing family violence, and how to support them, using hands-on activities in this topic.</li> <li>- There will be an icebreaker and preparation for anyone who may be triggered or affected by the material.</li> <li>- Handouts will include dollar store notebooks, and presenter gifts (bottle of local wine, a plant, cards).</li> <li>- The group discussed the best set-up for the room. A tentative number a week ahead of time would be good to know for set-up. L. Bell will confirm that an IT tech will be present for any troubleshooting.</li> <li>- A group will be needed to put the packages together around 5:30pm the day of the workshop.</li> <li>- M. Jones will promote the workshop to her groups. She offered to invite a Native community member to speak on violence against Native women at the opening. The group agreed to include this speaker on the agenda.</li> <li>- The group discussed shortening the question and answer section and offering an anonymous online format to ask questions following the workshop.</li> <li>- Candies will be provided as a snack.</li> </ul>	<p>S. Toth will send the videos to R. Bleich to imbed into the PowerPoint presentations.</p> <p>M. Jones will send a short biography on the speaker to S. Toth for introductions.</p>

ITEM	DISCUSSION	ACTION
<b>New Business</b>	<ul style="list-style-type: none"> <li>- K. Martin gave Updates on the NCPC Collective Impact work, stating that the primary topic will be children’s mental health well-being. Local research and interesting statistics that were concerning were the basis for this decision. An application for coaching and grants are in the works. Depending how this progresses, the work of the Children are Safe Pillar is not yet clear. After the domestic violence workshop, we may be at a stand-still in terms of a work plan. All members are invited to the larger NCPC meeting on Oct. 21, where members may provide some input and learn more about this process.</li> <li>- N. Wallace explained the Moving On Mental Health strategy from Ontario which is targeting poor mental health for ages 0-18. Niagara is in the last phase working towards implementing the framework. A forum was held on Sept. 23, and it will be interesting to see how we can bring these together. Each community will make sure all children and youth have access to services of equal quality in any area of Ontario. Our first planning process included a community mental health plan and core services plan for children’s mental health. Several Niagara organizations and NCPC partners (Pathstone, NHS, Centre de Santé, etc.) participated in these consultations. Contact Niagara is refining a rough draft of this information and developing the next step as part of this exercise, and identifying gaps and areas of improvement. S. Toth was invited to come as a member of the Infant Mental Health project, and stated that there is a large gap in the number of providers offering service for children ages 0-13. Child care needs to be more present in this work, and hopefully with the Innoweave grant, the NCPC will have an opportunity to fill that gap and do more preventative work with Collective Impact. Funding is a major piece to making this happen and is difficult to obtain for prevention.</li> </ul>	
<b>FUTURE MEETINGS</b>	<p><b>All meetings, unless otherwise noted, are from 2:00pm to 4:00pm at Pathstone Mental Health in the Community Room</b></p> <p>TBD</p>	