

Children are Healthy Pillar Committee
March 23, 2016 - Business Education Council

Attendees: Angela Alderson, Marena Doucette, Jackie Kerry, Nancy Lisi, Donna Mills, Jennifer Moodie, Linda Morrice, Judith Rudoler, Stacy Wilcox, Stephanie Tukonic, Karina Armstrong (recorder)

Regrets: Anne Biscaro, Gloria Boutcher, Blair Janzen, Michelle Knapman, Brandie Lancione, Rosemary Martin, Sinead McElhone, Sandra Noel

ITEM	DISCUSSION	Action
Review of Minutes	<ul style="list-style-type: none"> - February 17, 2016 meeting minutes were reviewed without change. 	
Healthy Kids Community Challenge Update	<ul style="list-style-type: none"> - J. Rudoler provided a graphic map showing the various programs each municipality plan to launch with Healthy Kids Community Challenge (HKCC). She gave a brief summary of each of the municipal plans. Most of these plans will not launch until closer to the summer. These are municipal plans in partnership with HKCC, not HKCC initiatives. See www.healthykidsniagara.ca to read about these plans. - J. Rudoler asks if anyone wishes to help promote any of these plans to please contact her at Judith.Rudoler@becniagara.ca. - The new HKCC theme next year will be drinking more water to reduce the consumption of sugary drinks. Some changes may include fun, easy-to-use water foundations, policy level change, business involvement, etc., but we need engagement, having more people being part of the conversation. If anyone is interested in participating in future HKCC work, feel free to contact J. Rudoler at the above email address. 	
Professional Development Task Group Update and Forum Event Brainstorming	<ul style="list-style-type: none"> - J. Moodie explained the idea for the full day professional development session was to have 2 or 3 modules in the morning and replay those in the afternoon, including topics like menu planning, healthy relationship with food, Seed to Table gardening, and a food demo may be included. These modules would be based on CATCH. The Niagara Region Health and Safety Manual may be reviewed as it is being updated and may turn into e-learning modules. - This phase would focus on children ages 0-6, and 7-12 should be the focus if there is a second phase. We could target behavioral consultants as well since food can be a control issue with vulnerable children. - The table debated the length and frequency of the module event (one Saturday, or several half days offered). The table considered October as a more convenient month to schedule it, rather than September when school begins. The Seed to Table module may be better set individually in June. J. Moodie will ask Helene Randle if she would be willing to commit to this idea, perhaps an evening session depending on the venue chosen. The rest of the modules may be best set as a full day event. A harvest report could be given after the gardens are planted from the Seed to Table module. - J. Moodie will ask Lorrey Arial Bonilla whether this event will generate interest for QCCN. The Seed to Table module could be an opportunity to build relationships with farmers, food shares, etc., including a planter's kit. The Niagara College horticulture program could be a potential host venue once the school year is done and students are gone. Food and snacks will be needed. - The Pillar asked each member to ask their contacts about interest in this Forum, and when a convenient time to attend would be. 	<p>J. Moodie will ask Helene Randle if she would be willing to commit to a June Seed to Table Session.</p> <p>J. Moodie will ask Lorrey Arial Bonilla whether this event will generate interest for QCCN.</p>

ITEM	DISCUSSION	Action
	<ul style="list-style-type: none"> - The Professional Development Task Group will meet again in 2 weeks. <p>Next steps:</p> <ul style="list-style-type: none"> - Decide on the number of sessions needed and what day/ evening - Secure a venue - Determine how to record sessions 	
Updates	<ul style="list-style-type: none"> - A. Alderson announced the Kristen French Child Advocacy Centre of Niagara is holding a fundraising event on Sunday, April 17th, the “Niagara Developers Playhouse Build Competition & Auction for Victims.” Builders create playhouses while there are games and activities, and funds go towards families affected by abuse. See Event Here. They are hoping the Mayor’s Youth Council will be judging the playhouses, which will be auctioned off at the end of the event. - S. Tukonic announced the CATCH Celebration event will be on April 19th to thank the CATCH team for all their hard work. - D. Mills shared her experience attending the Ministry of Health and Long Term Care Consultation event: discussing immunizations, health inspections, parents who choose not to vaccinate and associated regulations, and they gave an overview of the licensing fee structure. The main feedback from the event included having clearer standards and guidelines, and the need for consistency. Nutrition will be featured in phase 3. - If there is anything the table would like to be shared/promoted by Healthy Kids Niagara, please contact J. Rudoler at Judith.Rudoler@becniagara.ca. - J. Moodie announced that the NutriSTEP online tool will be promoted soon. - Ontario Early Years Child and Family Centres will now be the new umbrella name for all existing Ontario Early Years Centres, Parenting and Family Literacy Centres, Child Care Resource Centres, and Better Beginnings Better Futures. In the next year, there will be new logos and programs developed. Without a budget increase since 2002, there is hope for growth from this transition. The Niagara Region CMS will be the lead service manager for this new body. - L. Morrice will look into meeting rooms for future Children are Healthy meetings at Pathstone Mental Health, and other venues. 	
Upcoming Meeting Dates	<p>All meetings are, unless otherwise identified, from 9:00am to 11:00am at the Business Education Council (705-43 Church Street, St. Catharines)</p> <p>Wednesday April 20, 2016 Wednesday May 18, 2016</p> <p style="text-align: right;">Wednesday June 15, 2016</p>	